

BLAKE J. HOOD

SHAREHOLDER



AREAS OF PRACTICE

Workers' Compensation

CONTACT INFO

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Bank of America Tower
50 N. Laura Street, Suite
1900
Jacksonville, FL 32202

ADMISSIONS

Florida
2002

North Carolina
2006

U.S. District Court Middle
District of Florida
2007

EDUCATION

Florida State University
College of Law (J.D.,
2002)

Emory University (B.A.,
1999)

Oxford College of Emory
University (A.A., 1997)

ASSOCIATIONS & MEMBERSHIPS

E. Robert Williams Inn of
Court, Barrister

Florida Bar

Friends of 440
Scholarship Fund, Inc.,
Jacksonville Division Co-
Chair, 2010-2012

Jacksonville Bar
Association, Social
Security and Workers'
Compensation Law
Committee Co-Chair,
2025-2026

North Carolina Bar

YEAR JOINED

2024

CERTIFICATIONS

Board Certified Specialist,
Workers' Compensation,
The Florida Bar

OVERVIEW

Blake devotes his practice to the defense of employers and insurance carriers in claims and appeals arising under the Florida Workers' Compensation Act as well as claims brought under the federal Longshore and Harbor Workers' Compensation Act.

Blake is Board Certified by The Florida Bar in Workers' Compensation, a designation he earned in 2013. He is experienced in workers' compensation law dealing with the analysis and litigation of problems or controversies arising out of the Florida Workers' Compensation Law.

In addition to his practice that extends throughout the state of Florida, Blake is also licensed to practice law in North Carolina. He represents many insurance carriers and third party administrators. Additionally, he lectures on various topics concerning state and federal workers' compensation claims.

An active member of the Jacksonville Bar Association, Blake currently serves as the co-chair of the Social Security and Workers' Compensation Law Committee. He previously served as co-chair of the Workers' Compensation Section. Blake also proudly served as Co-Chair for the Friends of 440 Scholarship Fund between 2010 and 2012 and helped coordinate numerous fundraising events for the purpose of raising scholarship funds for the organization.

When not working, Blake enjoys spending his time with his wife and daughter, cooking, reading and playing classical guitar.

THOUGHT LEADERSHIP

The First District Court of Appeal Adopts (Again) New Methodology for Analyzing Statute of Limitations

Jacksonville

Workers' Compensation

May 1, 2026

Estes v. Palm Beach Cnty. Sch.

First District Court of Appeal Reverses Attendant Care Award Recommended in Independent Medical Evaluation Report

Jacksonville

Workers' Compensation

April 1, 2026

Tri City Elec. Contractors Inc. v.

Florida Court Strikes Proposed Workers' Compensation Rules That Allow Physicians to Dispense Medications

Workers' Compensation

March 2, 2026

The First District Court of Appeal issued a blockbuster opinion on February 25, 2026, in the case of Publix Super Markets, Inc., et.al. v. Dept. of Financial Services, et. al., ---So.3d---(Fla. 1st DCA 2026).

Court of Appeal Affirms Ruling That Late-Asserted Major Contributing Cause Defenses Are Waived

Workers' Compensation

March 1, 2026

The First District Court of Appeal recently issued a per curiam affirmed (PCA) ruling concerning the perennial issue of major contributing cause and the right to deny treatment for pre-existing conditions.

First District Court of Appeals Holds that the Proper “Misconduct” Analysis Must Be Guided by the Amended Text of Florida’s Reemployment Assistance Law

Jacksonville

Workers' Compensation

February 4, 2026

The claimant was terminated for “misconduct,” and filed for temporary indemnity benefits, which the employer/carrier denied.

CLASSES/SEMINARS TAUGHT

"One Time Changes" in Medical Providers Under Florida Statutes Section 440.13(2)(f), Florida Bar Workers' Compensation Section Webinar, June 11, 2025

Hot Topics for Attorneys, Workers' Compensation Institute 77th Annual Workers' Compensation Educational Conference, Orlando, FL, August 2023

Repetitive Trauma, Exposure and Occupational Disease, The Florida Bar Workers' Compensation Forum, 2015-2017

PUBLISHED WORKS

"Repetitive Trauma, Exposure and Occupational Diseases," The Florida Bar Workers' Compensation Forum Course Book, 2015-2017

"Florida Common Law Jurisprudence," by Michael Cavendish and Blake J. Hood, The Florida Bar Journal, January 2007, Volume 81, No. 1, Page 8